



AQAR 2023-24

Criterion 5- Student Support and Progression
Key Indicator- 5.1.2 Student Support

Metric No. 5.1.2: Capacity building and skills enhancement initiatives taken by the institution include the following.



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Report on Yoga and Meditation Training

Date of the Programme	22/08/2023
Title of the Programme	Yoga & Meditation Training Programme to students
Resource person Details	Sri. Mohan Yoga Trainer, yoga shikshana Samithi Tumakuru
Programme coordinator	Dr. Kishor. V Physical Education Director
Number of students attended/ involved	80
Programme Details	On.22/08/2023 Yoga Trainings conducted in NSS Special camp. Resource person by name Sri.Mohan Kumar Yoga Trainer tumakuru. They tried to impart yoga and meditation training by conducting various asanas and tried to make involve the students in those activities. The program was co ordinated by Dr. Kishor V PED and NSS programme officer. Nearly 80 students participated in the program.
Impact of the program	Helps to reduce students stress and bring back some peace of mind.


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Photos related to Yoga and Meditation Training



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Report on Self-Defence Training programme

Date of the Programme	23/08/2023
Title of the Programme	Self-defense and Taekwondo Training Programme to students
Resource person Details	Sri. Madhu Taekwondo Trainer. Tumakuru
Programme coordinator	Dr. Kishor. V Physical Education Director
Number of students attended/ involved	80
Programme Details	On.23/08/2023 karate and self Defense Training is given to our students by resource person Sri. Madhu by conducting various attributes by involving the students. The programme was coordinated by Dr. Kishor. V. PED/ NSS Programme officer. Nearly 100 students are participated in the programme.
Impact of the program	Students became aware about the body stamina condition and helps the body fight against disease. Stay flexible, deeper insight into ones mental capabilities and more self-confidence.


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Photos related to self-Défense Training programme



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Report on Personality Development Programme

Date of the Programme	21/08/2023
Title of the Programme	Personality Development Programme
Resource person Details	Sri. Ta. V. Kumar. Tumakuru
Programme coordinator	Dr. Kishor. V Physical Education Director
Number of students attended/ involved	70
Programme Details	On.21/08/2023 Personality Development Programme is given to our students by resource person Sri. Ta. V. Kumar. The programme was coordinated by Dr. Kishor. V. PED/ NSS Programme officer. Nearly 70 students are participated in the programme.
Impact of the program	Helps in striving for greater sense of emotional health in both intra physically and intra personality. This emotional stability enables the students to develop an integrated and balanced way of perceiving the problems of life..


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Photos on Personality Development Programme



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Report on Health Related HIV/AIDS Awareness Programme

Date of the Programme	01/12/2023
Title of the Programme	Health related HIV/AIDS Awareness program
Resource person Details	Sri. Dayanand ICTC Cell Government District Hospital Tumakuru.
Programme coordinator	Dr. Kishor. V Physical Education Director
Number of students attended/ involved	70
Programme Details	On.01/12/2023 Health related HIV/AIDS Awareness Programme is given to our students by resource person Sri. Dayanand ICTC Cell district Hospital Tumakuru. The programme was coordinated by Dr. Kishor. V. PED/ NSS Programme officer. Nearly 70 students are participated in the programme.
Impact of the program	Helps in analysing the symptoms and its diagnosis methods and creating the awareness regarding the disease.

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Photos Related to HIV/AIDS Program





Report on Soft Skills Programme

Date of the Programme	24/08/2023
Title of the Programme	Soft Skills Programme
Resource person Details	Dr. Kishor V NSS programme officer vidyodaya Law College Tumakuru
Programme coordinator	Dr. Kishor. V Physical Education Director and NSS Programme Officer
Number of students attended/ involved	70
Programme Details	On.24/08/2023 soft skill training programme is given to our students by resource person Sri.Dr. Kishor V PED and NSS Programme Officer. The programme was coordinated by Dr. Kishor. V. PED/ NSS Programme officer. Nearly 70 students are participated in the programme.
Impact of the program	Helps to students to develop and improve the inter personal skills that are very important in their studies and also in life.


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Photos related to Soft Skills



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Report on CDJ Law Journal services Programme

Date of the Programme	11/01/2024
Title of the Programme	CDJ Law Journal Services to students
Resource person Details	Sri. Surya Narayana Iyer
Programme coordinator	Sri. Kumar N H
Number of students attended/ involved	70
Programme Details	On.11/01/2023CDJ Law Jpurnal services to students Programme is given to our students by resource person Sri. Surya Narayana Iyer Proprietor CDJ Law Journal Chennai . The programme was coordinated by Sri. Kumar N H Asst. Prof of Law. Nearly 70 students are participated in the programme.
Impact of the program	Helps in browsing online law journal, Indian cases, online judgements, supreme court cited cases and all legal Data base and E resources.


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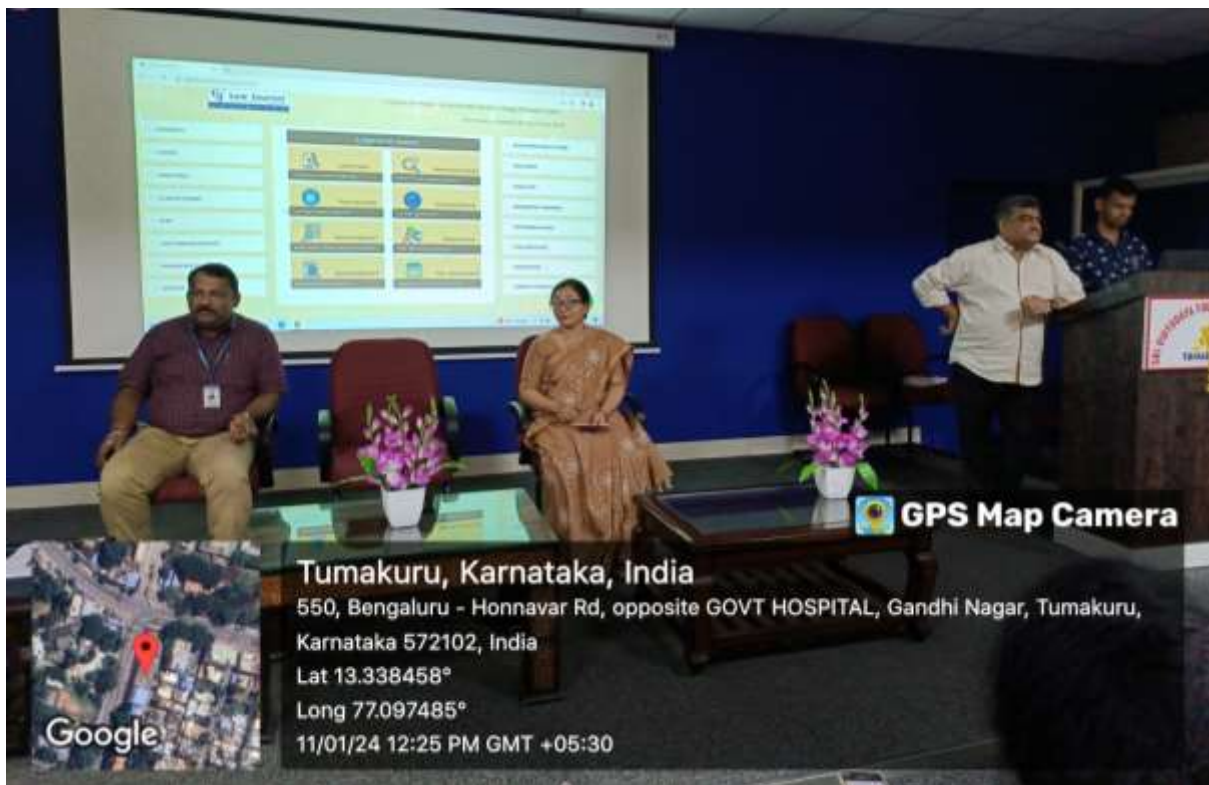


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Photos on CDJ Law Journal services Programme



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